

Jennifer Merritt

CEO, leadership coach, consultant, NLP practitioner



ABOUT ME

I'm Jennifer, I run a professional coaching practice training high performing female leaders how to confidently rise in their careers using a blend of NLP, positive psychology and Merritt Methods™. I am also Chief Executive at Forge Your Future and a senior corporate change consultant.

An optimist at heart, you will often hear me say "Every cloud has a silver lining". I have a natural ability to turn setbacks into an advantage and I love to help others do the same.

I'm passionate and on a mission to empower more women to excel in corporate positions, driven by the desire to see more women in senior leadership and C-suite roles.

The best role I have is Mama and Wife to my two favourite people! We all love having fun, sun and pasta together!



20Y+

CORPORATE
LEADERSHIP



13Y+

FORGING
FUTURES



X6 FIGURE

COMPANY
DIRECTOR

FEATURED IN ...

Swindon Advertiser

THE Sun



SPEAKING

BOOK JENNIFER FOR YOUR EVENT

Jennifer is a dynamic and inspiring speaker with years of experience presenting to audiences both large and small. Known for her engaging ability to deliver key messages about important topics like leadership, imposter syndrome, burnout, self promotion and career success by using storytelling, empathy and a good dose of humor.

Popular event dates for the diary:

- International Woman's Day - 08 March
- World Health Day - 07 April
- Imposter Syndrome Awareness Day - 13 April
- MS Awareness Week - 25 April - 1 May



WHAT PEOPLE ARE SAYING

Jennifer has an inspiring story of overcoming adversity using principles that are simple and applicable to anyone wanting to improve their mental wellbeing.

Ryan Hartley - Always Better Than Yesterday

Really inspired by your comments and thoughts today - you're one amazing woman!

Victoria Humphries - Berrymead Consulting

Jennifer is not only brilliant as what she does, she is also extremely warm, relatable and I would recommend her in a heartbeat to anyone looking for a coach or speaker.

Marina Jacklin - Entrepreneur

Engaged before she even spoke, you can feel her presence. Such an inspiring woman!

Edward French - Chopper School



CONNECT

WEB

www.JenniferMerritt.com

ENQUIRIES

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In 2011 I was diagnosed with Multiple Sclerosis which left me questioning a lot in my life. I have since used the devastating news to propel me forward and achieve more happiness and success in equal measure. It is my aim to help those craving change breakthrough the obstacles holding them back to realise their goals and live their desired life.

Success is available to all,
Success is available to YOU,
Believe in YOU!

Jennifer